

**TONE LEISURE (SOUTH HAMS) LIMITED
SPORTS AND HEALTHY LIFESTYLE DEVELOPMENT PLAN 2006-2009**

YEAR 3 (2009/10)

Appendix 2

Target Group	Activity Examples	Active South Hams Strategic Objectives	Measure of Success - Outcomes	Potential Partners	Possible Funding Streams	Current Status
Older People	Health Walks - sustain and build on existing activity	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p>	Work with SHDC and the Walk and Talk Steering Group to sustain and build the scheme. Provide Walk Leader training as needed.	PCT, SHDC, Volunteer leaders		<p>Five schemes running (Quayside, Dartmouth, South Brent, Ivybridge and Totnes).</p> <p>SDO attending the Walk and Talk (South Hams) Steering Group meeting. The group is to meet termly. Next meeting 8th July.</p> <p>Tone Leisure offering 3 months' free gym membership to Walk Leaders on each scheme, as an incentive to lead walks and broaden the activities they can personally do.</p>
	Flexercise Programme - Elderly Care Home exercise programme providing training for Care Home staff to deliver exercise with full support manual	Creating the opportunity for people to be active.	Deliver 1 training workshop with 10 participants.	Care Homes		No further progress.

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Health Referrals	GP Referral scheme - build on existing programme	Creating the opportunity for people to be active. Developing Local Access.	Increased number of referrals. Retention of clients and maintenance of activity after scheme. Increase number of instructors. Improve recording and reporting system.	Sports Centres, Doctors' Surgeries, PCT		Co-ordinators focus on promoting scheme to surgeries and health professionals and they are providing centre managers' numbers on scheme. (Reported with centre utilisation figures.) Andy Parsons is now in place as EOR Co-ordinator for Ivybridge. A review of the time needed for the role is being undertaken. Defined roles and outcomes for the EOR Co-ordinators to be set.
	Arthritis Care - new activity on pain management and layered fitness programme. Course involves 2 weeks on pain management, 5 weeks layered fitness programme and last week for signposting and review.	Creating the opportunity for people to be active. Developing Local Access.	Secure funding and run successful first year pilot.	Arthritis Care Devon, Sports Centres, Physiotherapists, PCT	Arthritis Care Devon have submitted a bid for Year 1 pilot £10,000 to run across 3 sites: Quayside, Totnes and Ivybridge	Funding secured for pilot project in Ivybridge September 2009. Meeting set for July to plan sessions in September.

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People with Disabilities	Children's individual needs inclusion programmes (funding dependent).	Creating the opportunity for people to be active. Developing Local Access.	Provide one to one support for children with special needs to access Giant holiday camp activity subject to funding.	Sports Centres, local special schools, disability groups.	Devon County Council	
Young People	Develop Play Ranger Scheme	Creating the opportunity for people to be active. Developing Local Access.	Run a total of 60 sessions at 3 parks. (June 2007-June 2009). Aim of 20 young people a session.	SHDC, Youth Service, Police		March-May Woodlands, Ivybridge. March/April - 127 attendances. May - 39 attendances.
	Develop Youth Leisure Nights programme - a multi-activity youth session for 13-19 year olds.	Creating the opportunity for people to be active. Developing Local Access. Supporting community sports clubs.	Support weekly sessions at the four centres. Source funding to ensure future of scheme. Provide ongoing training for staff from TL and YS.	Sports Coaches, Sports Clubs, Youth Service	Young People's Fund, Youth Opportunity Fund	Funding secure until March 2010. Sport Unlimited bid submitted to enhance project in Autumn and Spring Terms (2009/10); awaiting approval.

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	Continue to work in partnership with School Sports Partnership.	<p>Creating the opportunity for people to be active.</p> <p>Supporting community sports clubs.</p> <p>Encouraging co-ordination and information sharing.</p>	Continue to support and promote the work of the partnership.	Sports Centres, Sports Clubs, Sports Coaches, School Sports Partnership		<p>Year 2 - Term 1 - (April-July 2009) - cycling linked to Kingsbridge Club and rowing linking to Dartmouth.</p> <p>Year 2 - Terms 2 (September-December 2009) and 3 (January-March 2010) - plans submitted; awaiting approval.</p> <p>YLN - Autumn and Winter 2009/10 multi-skills at Salcombe, dance at Ivybridge, multi-sports at Quayside.</p>
Those in Rural Areas	Carry out audit of sports and leisure activity taking place in community venues, including villages and parish halls.	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p> <p>Supporting community sports clubs.</p> <p>Encouraging co-ordination and information sharing.</p>	Produce a database of local provision to be able to promote opportunities and to identify areas of need.	SHDC Community Development, Parish Councils, Sports Clubs, Sport South Hams	Sport England have launched theme rounds of funding for rural communities - so possible link up with Active Devon for a countywide bid.	<p>Currently linking local instructor together with individual communities' needs where possible. Funding bids being prepared/submitted to run 'taster' sessions in halls and centres, to help get activity started and test the sustainability of the activity.</p> <p>Links Foundation bid submitted late 2008 - going to Panel 10th July, 2009.</p>

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General	Have an active role in Active South Hams Group	Creating the opportunity for people to be active. Encouraging co-ordination and information sharing.	Attend Active South Hams meetings and work with partners where appropriate.	School Sport Partnerships, Active Devon, Sport South Hams, Youth Service, PCT, Community Safety, SHDC.		SDO to act as a central point of contact for general activity and sport enquiries for the group.
	Continue to work in partnership with Sport South Hams to develop local coaches and sports clubs.	Creating the opportunity for people to be active. Supporting community sports clubs. Encouraging co-ordination and information sharing.	Continue to support SHDC and CSP to work with Sport South Hams to support club development and coach education.	Sport South Hams, Sports Clubs, Coaches, NGBs, Active Devon, SHDC.		Ongoing.
	Sit on the Devon Sports Development Officers Group	Encouraging co-ordination and information sharing.	Attend meetings and work with partners where appropriate.	Devon LAs, Active Devon.		Ongoing. Devon Youth Games to take place on Sunday, 5th July, 2009.
	FANS	Free access to gym/sports facilities for national standard sports people.	Administer scheme.	Sports Centres, NGBs.		3 sports people have now been accepted onto the scheme. Press release and photo call being planned.