

**YEAR 3 (2009/10)**

<b>Target Group</b>	<b>Activity Examples</b>	<b>Active South Hams Strategic Objectives</b>	<b>Measure of Success - Outcomes</b>	<b>Potential Partners</b>	<b>Possible Funding Streams</b>	<b>Current Status</b>
<p><b>Older People</b></p>	<p>Health Walks - sustain and build on existing activity</p>	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p>	<p>Work with SHDC and the Walk and Talk Steering Group to sustain and build the scheme. Provide Walk Leader training as needed.</p>	<p>PCT, SHDC, Volunteer leaders</p>		<p>Five schemes running October/November/December - walkers' attendance: Totnes 16 each week; South Brent 9 each week; Ivybridge 26 each week; Dartmouth 10 each week; Kingsbridge 36 each week.</p> <p>SDO attending the Walk and Talk (South Hams) Steering Group meeting.</p> <p>Tone Leisure offering 3 months' free gym membership to Walk Leaders on each scheme, as an incentive to lead walks and broaden the activities they can personally do. 5 Leaders offered membership in early September 2009 and 5 in late December 2009.</p>

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	Flexercise Programme - Elderly Care Home exercise programme providing training for Care Home staff to deliver exercise with full support manual	Creating the opportunity for people to be active.	Deliver 1 training workshop with 10 participants.	Care Homes		No further progress.
<b>Health Referrals</b>	GP Referral scheme - build on existing programme	Creating the opportunity for people to be active.  Developing Local Access.	Increased number of referrals. Retention of clients and maintenance of activity after scheme. Increase number of instructors. Improve recording and reporting system.	Sports Centres, Doctors' Surgeries, PCT		Co-ordinators are providing centre managers with numbers on scheme. (Reported with centre utilisation figures.)
	Arthritis Care - new activity on pain management and layered fitness programme.  Course involves 2 weeks on pain management, 5 weeks layered fitness programme and last week for signposting and review.	Creating the opportunity for people to be active.  Developing Local Access.	Secure funding and run successful first year pilot.	Arthritis Care Devon, Sports Centres, Physiotherapists, PCT	Arthritis Care Devon have submitted a bid for Year 1 pilot £10,000 to run across 3 sites: Quayside, Totnes and Ivybridge	Funding secured for pilot project in Ivybridge September 2009.  Bid unsuccessful and therefore pilot put on hold. Arthritis Care Devon seeking funding.  Meeting planned for January 2010 to discuss future of project.

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<b>People with Disabilities</b>	Children's individual needs inclusion programmes (funding dependent).	Creating the opportunity for people to be active.  Developing Local Access.	Provide one to one support for children with special needs to access Giant holiday camp activity subject to funding.	Sports Centres, local special schools, disability groups.	Devon County Council	Application submitted and rejected by Devon County Council. It is now being re-submitted.
<b>Young People</b>	Develop Play Ranger Scheme	Creating the opportunity for people to be active.  Developing Local Access.	Run a total of 60 sessions at 3 parks. (June 2007-June 2009). Aim of 20 young people a session.	SHDC, Youth Service, Police		Totnes - 23 children so far. Woolwell - October-December 102 children.
	Develop Youth Leisure Nights programme - a multi-activity youth session for 13-19 year olds.	Creating the opportunity for people to be active.  Developing Local Access.  Supporting community sports clubs.	Support weekly sessions at the four centres. Source funding to ensure future of scheme. Provide ongoing training for staff from TL and YS.	Sports Coaches, Sports Clubs, Youth Service	Young People's Fund, Youth Opportunity Fund	Sport Unlimited bid successful for Autumn and Spring Terms (2009/10). Ten week course ran October-December. Target of 80 young people achieved.
	Continue to work in partnership with School Sports Partnership.	Creating the opportunity for people to be active.  Supporting community sports clubs.  Encouraging co-ordination and information sharing.	Continue to support and promote the work of the partnership.	Sports Centres, Sports Clubs, Sports Coaches, School Sports Partnership		Sport Unlimited Year 2 - Term 2 - (September-December 2009) Dance at Ivybridge (6 participants) and Term 3 (January-March 2010) Multi-sports at Quayside and Dance at Dartmouth.

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<b>Those in Rural Areas</b>	Carry out audit of sports and leisure activity taking place in community venues, including villages and parish halls.	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p> <p>Supporting community sports clubs.</p> <p>Encouraging co-ordination and information sharing.</p>	Produce a database of local provision to be able to promote opportunities and to identify areas of need.	SHDC Community Development, Parish Councils, Sports Clubs, Sport South Hams	Sport England have launched theme rounds of funding for rural communities - so possible link up with Active Devon for a countywide bid.	Village activity programme now part of Active Devon Rural Communities bid with Sport England. Used audit to inform selection of first communities to work with if bid is successful.
<b>General</b>	Have an active role in Active South Hams Group	<p>Creating the opportunity for people to be active.</p> <p>Encouraging co-ordination and information sharing.</p>	Attend Active South Hams meetings and work with partners where appropriate.	School Sport Partnerships, Active Devon, Sport South Hams, Youth Service, PCT, Community Safety, SHDC.		SDO to act as a central point of contact for general activity and sport enquiries for the group.
	Continue to work in partnership with Sport South Hams to develop local coaches and sports clubs.	<p>Creating the opportunity for people to be active.</p> <p>Supporting community sports clubs.</p> <p>Encouraging co-ordination and information sharing.</p>	Continue to support SHDC and CSP to work with Sport South Hams to support club development and coach education.	Sport South Hams, Sports Clubs, Coaches, NGBs, Active Devon, SHDC.		Ongoing.
	Sit on the Devon Sports Development Officers Group	Encouraging co-ordination and information sharing.	Attend meetings and work with partners where appropriate.	Devon LAs, Active Devon.		Ongoing.

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	FANS	Free access to gym/sports facilities for national standard sports people.	Administer scheme.	Sports Centres, NGBs.		Four sports people are currently on the scheme.