

TONE LEISURE (SOUTH HAMS) LIMITED
SPORTS AND HEALTHY LIFESTYLE DEVELOPMENT PLAN 2006-2009 Appendix 2

YEAR 2 (2008/09)

Target Group	Activity Examples	Active South Hams Strategic Objectives	Measure of Success - Outcomes	Potential Partners	Possible Funding Streams	Current Status
Older People	Health Walks - sustain and build on existing activity	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p>	Work with SHDC to obtain funding to continue current programme of walks. Provide Walk Leader training.	PCT, SHDC, Volunteer leaders	Access to Nature grants	<p>Four schemes running (Kingsbridge, Dartmouth, South Brent and Ivybridge). Totnes ceased 18 months ago but it is soon to be re-launched.</p> <p>Volunteer Walk Leader Training taking place on 19th November at Follaton House.</p> <p>SDO attending the new Walk and Talk (South Hams) Steering Group meeting - first meeting on 15th October. The group is to meet termly.</p>
	Flexercise Programme - Elderly Care Home exercise programme providing training for Care Home staff to deliver exercise with full support manual	Creating the opportunity for people to be active.	Deliver 2 training workshops with 10 participants on each workshop (approximately 10 homes)	Care Homes		Workshop planned for October 2008 cancelled due to low numbers. New date being agreed.

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Health Referrals	GP Referral scheme - build on existing programme	Creating the opportunity for people to be active. Developing Local Access.	Increased number of referrals. Retention of clients and maintenance of activity after scheme. Increase number of instructors. Improve recording and reporting system.	Sports Centres, Doctors' Surgeries, PCT		Co-ordinators focus on promoting scheme to surgeries and health professionals and they are providing centre managers' numbers on scheme. Julie Thompson carried out audit of Aqua sessions at Quayside. Julie has now taken a step back from the scheme. Val Beale has now stepped down from her role as EOR Co-ordinator. Replacement being lined up. A review of the time needed for the role is being undertaken. Defined roles and outcomes for the EOR Co-ordinators to be set.
People with Disabilities	Children's individual needs inclusion programmes (funding dependent).	Creating the opportunity for people to be active. Developing Local Access.	Provide one to one support for children with special needs to access Giant holiday camp activity subject to funding.	Sports Centres, local special schools, disability groups.	Children in Need, Children's Fund, Young People's Fund	Still trying to find funding for support. However, 2 children are attending summer camps with their own support workers.
Young People	Develop Play Ranger Scheme	Creating the opportunity for people to be active. Developing Local Access.	Run a total of 60 sessions at 3 parks. (June 2007-June 2009) 2 x 10 week blocks, 3 sessions a week. Aim of 20 young people a session.	SHDC, Youth Service, Police		Sessions started in the 3 parks week beginning 14th July 2008.

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	Develop Youth Leisure Nights programme - a multi-activity youth session for 13-19 year olds.	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p> <p>Supporting community sports clubs.</p>	Support weekly sessions at the four centres. Source funding to ensure future of scheme. Provide ongoing training for staff from TL and YS.	Sports Coaches, Sports Clubs, Youth Service	Young People's Fund, Youth Opportunity Fund	<p>Numbers remain consistent. Focus on gym work using awards and competitions. Dartmouth working on a transition night for 12 year olds pre September.</p> <p>Ongoing sourcing of funding by YS with County Councillors and Town Councils.</p> <p>Pursuing the Preventatives Partnerships Fund with Youth Service - bid written and submitted August 2008.</p> <p>Resubmitted again in October 2008 as it has now become part of the Commissioning process.</p>

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	Continue to work in partnership with School Sports Partnership.	<p>Creating the opportunity for people to be active.</p> <p>Supporting community sports clubs.</p> <p>Encouraging co-ordination and information sharing.</p>	Continue to support and promote the work of the partnership.	Sports Centres, Sports Clubs, Sports Coaches, School Sports Partnership		<p>Sport Unlimited session being run in all centres. Multi-skills at Totnes, 19 attending and Dance 29 attending. Other 3 centres' activities starting after October 2008 half-term holiday.</p> <p>Working with the SSP to start planning Year 2 Sport Unlimited funding.</p> <p>Attending and running a Tone Leisure stand at the Primary Schools Conference on 26th November.</p> <p>Attending all district schools' meetings.</p>
Those in Rural Areas	Carry out audit of sports and leisure activity taking place in community venues, including villages and parish halls.	<p>Creating the opportunity for people to be active.</p> <p>Developing Local Access.</p> <p>Supporting community sports clubs.</p> <p>Encouraging co-ordination and information sharing</p>	Produce a database of local provision to be able to promote opportunities and to identify areas of need.	SHDC Community Development, Parish Councils, Sports Clubs, Sport South Hams		<p>Report produced and data collated for 31 halls. Follow up letter sent to remaining 32 halls. 9 replied.</p> <p>Contact made with a number of halls and partner organisations - activities being planned to start rolling out in Autumn 2008.</p>

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						<p>Visits to a number of Village Halls by SDO taken place in September/October 2008 - with individual plans for each site being drawn up. Partner organisations have taken up a number of requests within their speciality following meetings with them. For example, a request for a Youth Centre or Youth Provision has been picked up by the Youth Service, Badminton request by the Devon Badminton Development Officer. Currently linking local instructor together with individual communities' needs where possible. Funding bids being prepared/submitted to run 'taster' sessions in halls and centres, to help get activity started and test the sustainability of the activity.</p>

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General	Have an active role in Active South Hams Group	Creating the opportunity for people to be active. Encouraging co-ordination and information sharing.	Attend Active South Hams meetings and work with partners where appropriate.	School Sport Partnerships, Active Devon, Sport South Hams, Youth Service, PCT, Community Safety, SHDC		SDO to act as a central point of contact for general activity and sport enquiries for the group.
	Continue to work in partnership with Sport South Hams to develop local coaches and sports clubs.	Creating the opportunity for people to be active. Supporting community sports clubs. Encouraging co-ordination and information sharing.	Continue to support SHDC and CSP to work with Sport South Hams to support Club Development and Coach education.	Sport South Hams, Sports Clubs, Coaches, NGBs, Active Devon, SHDC.		Sports South Hams have submitted an Awards For All bid to help local clubs achieve club accreditation and support coaches. If successful, Tone will help by providing coach education and club development workshops. Attending the AGM and General Meeting of Sports South Hams on 22nd October.
	Sit on the Devon Sports Development Officers Group	Encouraging co-ordination and information sharing.	Attend meetings and work with partners where appropriate.	Devon LAs, Active Devon.		Ongoing.

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	FANS	Free access to gym/sports facilities for national standard sports people.	Look to roll out across Tone Sports Centres in South Hams.	Sports Centres, NGBs.		Draft FANS Scheme information, Terms and Conditions drafted and sent to Leisure Facilities Manager in August 2008. Passed at the Board meeting on 18th September. Meeting with Centre Managers to discuss the restrictions on centre usage the Centre Managers would want to see under the scheme. Plan to launch FANS Scheme early 2009.