

<p>Organisation</p>	<p><b>NHS Devon SDD Health and Well-being Partnership &amp; Active South Hams</b></p>
<p>Date</p>	<p>14 December 2009</p>
<p>Summary of Progress</p>	<p><b>South Devon and Dartmoor Health and Well-being Partnership</b></p> <p>The partnership has been maintaining its monitoring role on health and well-being data and the task and finish groups for the priority areas have met to take forward some work not addressed in other forums.</p> <p><b>Healthy Eating</b> (The percentage of overweight and obese reception and year 6 pupils continues to rise)</p> <p>This work links to Active South Hams work relating to tackling obesity. The group has been collating information on healthy eating work in the area. Including Healthy Schools Plus, growing and cooking projects and allotment use, links have been made with Environment South Hams to understand, identify and unblock barriers to growing healthy food. Priority topics include:</p> <ul style="list-style-type: none"> <li>• Local input to national convenience store project to promote and market fruit and vegetable sales as part of the Change4Life programme</li> <li>• Promotion of cooking skills training and support for local cooking skills projects</li> <li>• Improved knowledge of local food grant aided projects</li> <li>• Investigation of healthy eating project for teenagers</li> </ul> <p><b>Skin Cancer</b> (South Hams have the 5<sup>th</sup> highest rate of malignant melanoma in England)</p> <p>The group are looking at a range of potential interventions including:</p> <ul style="list-style-type: none"> <li>• Safe use of sunbeds and providing information to sunbed outlets on safe use in line with HSE guidance</li> <li>• Development and delivery of a common message around sun safety to be used across the partnership with a focus on leisure and outdoor activities.</li> </ul> <p>There is a regional skin cancer hub relating to skin cancer and the group need to keep informed regarding developments and best practice.</p>

### **Rural Health**

(In parts of Devon there is comparatively higher deprivation in rural areas and lower urban deprivation than the country as a whole)

A Devon Rural Health Strategy is being developed but the local group is currently sharing best practice around rural health in areas such as:

- Parish planning and the inclusion of health and well-being issues
- Outreach services (West Devon and South Hams Connect)
- Increasing awareness of voluntary sector work in rural communities and in particular emerging Community Contacts and role of the voluntary sector in complex care teams.
- Local transport issues
- Linking rural housing issues to other work

The Joint Strategic Needs Assessments early next year will provide a town/rural hinterland focus which will help to inform priority areas for action.

### **Follow up From Last Meeting**

#### **Suicide Prevention Strategy**

The strategy has been circulated and provides a Devon wide overview. The direct age standardised suicide rate is higher in South Hams than the other Devon Districts. However the numbers are low so this makes identifying trends and interventions extremely difficult. In the case of South Hams 54 deaths due to suicide and undetermined injury over 5 years. Key issues include the high proportion of males and the low proportion that had previous contact with mental health services. Discussions with the lead mental health commissioner have not identified local gaps in services but the lack of contact with MH services requires further investigation. Firearms account for a small number of suicides in the area. There is an audit group looking at suicides across Devon who will use the generalised findings to inform service delivery.

The key issue for partners is to value the role the public, private and voluntary sector have in promoting and ensuring emotional health and well-being in the community as employers and providers of services. Evidence arising from the audits will be referred to partner agencies many of whom are represented at the audit group.

Current Issues /  
Shared Issues

The importance of multi-agency working in addressing health and well-being issues across the District.

Item	<b>Active South Hams</b>
Summary of progress	<p><b>Joint meeting with West Devon</b>  October saw the first joint meeting of both the Active Sport / Physical Activity partnerships across the two councils. Very useful and it is hoped that future joint meetings held next year, alongside more local ones.</p> <p><b>Sport Unlimited</b>  Additional funds have been granted for new junior activities and planning for Year 3 will be starting soon, need to highlight community links.</p> <p><b>Devon Physical Activity Strategy</b>  Now out for consultation, all agencies across Devon being asked to comment. Work being co-ordinated by PCT.</p> <p><b>Devon Active Village Project</b>  This has now got through to Stage 2 lottery sports funding and is expected to be rolled out early next year. Each district to highlight key villages to develop physical activities. SHDC to link with Tone Leisure.</p> <p><b>Public Spaces &amp; Play Development</b>  On going roll out SHDC's programme, tennis courts now completed at Dartmouth. Provision of new play areas being delivered across district on agreed timescale. Recent key consultations for main parks in Kingsbridge and Dartmouth.</p> <p><b>Play Rangers</b>  Recent activities have taken place for first time in South Brent and Woolwell, as well as Totnes.</p> <p><b>Leisure Youth Nights and Health Walks</b>  Both schemes on going, with LYNs funding secure until March 2010.</p> <p><b>Sport South Hams Junior Awards Evening</b>  To take place on 25th November, with guest speaker being 2012 Olympic Legacy Director for SW.</p> <p><b>Free Swimming for Over 60's</b>  Small decrease in numbers over August, but numbers have picked up again Also some funding for free swimming lessons have been secured.</p>
Current / Shared Issues	<p>Joint Active South Hams and West Devon meeting highlighted importance of group work linking to LSP and LAA targets.</p> <p>Still on going issue of shared community / education sites and the need to resolve use of facilities. Key work area reported at last Scrutiny meeting.</p> <p>Sustained interest from local clubs and communities in developing sport and leisure facilities – at times resulted in conflict and capacity / funding issues. As well several major leisure projects being considered i.e. Sherford, Keviccs, Dartmouth and Ivybridge Swimming Pools</p>
SHSP Action recommended	Note work and projects taking place and being developed. Note issues to be resolved.